# Patrick S. Yingling, Psy.D

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## **CURRENT LICENSURE**

Pennsylvania Psychologist - (PS017225) - Licensed since September 2012

Ohio Psychologist - (7525) - Licensed since January 2017

### **WORK EXPERIENCE**

Jan 2017 - Present

Weinstein and Associates, Inc.

Beachwood, Ohio

Psychologist

Providing outpatient therapy with individuals who have been injured on the job. Conducting forensic evaluations including personal injury, additional allowance, and permanent disability.

Aug 2012 - Dec 2016

#### Exton Behavioral Health and Rehabilitation

Exton, Pennsylvania

**Psychologist** 

Conducting diagnostic evaluations and psychologist assessment. Providing evaluation and treatment to support disability application or renewal processes. Engaging in collaboration with psychiatric and medical care providers in the course of providing outpatient therapy. Utilizing cognitive behavioral and integrative therapy models to plan and implement therapeutic interventions in the context of the individual, couple, or family. Presenting problems of clients include depression, anxiety, and bipolar disorder, trauma, youth and adult autism spectrum disorders, anger issues, aggressive behavior, behavior problems, sexuality and gender identity issues, and thought disorders.

### Sept 2012 - Sept 2014 Holcomb Behavioral Health Systems

Exton, Pennsylvania

Behavioral Health Rehabilitation Services Evaluator

Conducted psychological evaluations to determine if services were medically necessary. Made treatment and service titration recommendations. Collaborate with treatment teams to guide treatment.

Clinical Supervisor

Provide clinical supervision to psychology residents, postdoctoral fellows, and psychology externs regarding outpatient clinical work, psychological assessment and evaluation.

### Sept 2009 – Sept 2012 Holcomb Behavioral Health Systems

Exton, Pennsylvania

**Outpatient Therapist** 

Conducted diagnostic evaluations. Provided individual and family focused treatment utilizing a variety of treatment modalities. Presenting problems of clients include mood disorders, substance use, trauma, developmental delays, anger issues, aggressive behavior, behavior problems, and thought disorders.

Behavioral Health Rehabilitation Services Evaluator

Conducted psychological evaluations to determine if services were medically necessary. Made treatment and service titration recommendations. Collaborate with treatment teams to guide treatment.

## Behavioral Specialist

Conducted functional behavior assessments. Developed behavior management plans to address problem behaviors. Provided supervision to therapeutic support staff. Engaged in consultation with parents, family members, teachers, and other related caregivers regarding behavioral interventions.

#### Mobile Therapist

Provide in-home and community based therapeutic interventions utilizing a variety of modalities while working with children within the context of a family system.

## Oct 2010 – Sept. 2012 Home and Community Services

Chester County, Pennsylvania

Mobile Therapist

Provide in-home and community based therapeutic interventions utilizing a variety of modalities while working with children within the context of a family system.

### July 2007 — July 2008

## Directions for Mental Health, Inc.

Clearwater, Florida

Program Development Assistant

Facilitated transition to electronic medical records through collaborative development of treatment plan libraries based upon best practice standards.

Administrative and Compliance Analyst

Performed comprehensive chart audits for multiple programs within the organization.

Systems Trainer

Trained and provided support for the children's outpatient department, children's case management department, and the therapeutic behavioral on-site services department's transfer to electronic medical record keeping.

#### June 2003- Jan 2006

## St. Joseph's Hospital – Psychiatric Ward

Tampa, Florida

Mental Health Technician

Completed admissions paperwork, participated in treatment teams, provided patient care and observation, and ran therapy groups. Served a wide range of clients ages 18 to 95 experiencing depression, schizophrenia, bipolar disorder, general psychosis, chemical dependency

and detoxification, and other illnesses. Estimated 2500 client contact hours.

## **EDUCATION**

Sept 2003- May 2010 Florida School of Professional Psychology at Argosy University

Tampa, Florida

APA Accredited GPA: 3.85

Doctorate in Clinical Psychology Master of Arts in Clinical Psychology

Sept 1999-May 2003 **Denison University** 

Granville, Ohio GPA: 3.29

Bachelor of Arts in Psychology. Minor in Communication. Dean's list.

## POST DOCTORAL TRAINING EXPERIENCE

Aug 2010 - July 2011 Holcomb Behavioral Health Systems

Supervisors: Sarah Stookey, Ph.D. & Julie Leusner, Ph.D Post doctoral experience descriptions provided above. Please reference the positions of mobile therapist, behavioral specialist, outpatient therapist, and behavioral health rehabilitation services evaluator.

## INTERNSHIP TRAINING EXPERIENCE

Sept 2008 – Sept 2009 Holcomb Behavioral Health Systems

Supervisors: Sarah Stookey, Ph.D. & Julie Leusner, Ph.D

Community Mental Health Center

Engaged in outpatient therapy services two days per week and was expected to carry a minimum caseload of 8 clients. Conducted diagnostic evaluations. Engaged in play therapy, Interpersonal Psychotherapy for Depression, and multiple other treatment modalities. Completed four months each providing in-home family based services, therapy and group treatment in a nursing home facility, and conducted DUI offender groups and substance abuse treatment. Conducted behavior management trainings. Engaged in forensic assessments to determine appropriateness for mental health court.

## PRACTICUM TRAINING EXPERIENCE

Sept. 2007 – Apr 2008 Group Therapy Specialty Practicum: 100 hours completed

Brandon Area Psychology Associates Supervisor: Stacey Rexrode, Ph.D.

**Private Practice** 

Engaged in social skills and anger management groups for children, as well as social skills, process, and coping for teen girls. Preparing process and coping group for parents of children with ADHD. Providing individual psychotherapy for children, adolescents, and adults. Presenting problems include adjustment disorder, depression, anxiety, coping issues, divorce issues, anger

management, social skills.

July 2006 - June 2007 Therapy Practicum: 1000 Hours

Directions for Mental Health

Supervisor: Marsha Rockey, Psy.D. Community Mental Health Center

Conducted biopsychosocial evaluations. Provided individual psychotherapy for both children and adults. Engaged in group psychotherapy for adults. Presenting problems of clients included substance abuse, PTSD, sexual and physical abuse, parenting skills, anger

management, domestic violence, anxiety, and depression.

Sept. 2005 - July 2006 Diagnostic Practicum: 920 Hours

Manatee Glens Inc.

Supervisor: Robert Boxley, Ph.D. Community Mental Health Center

Conducted psychological testing and intake evaluations with both children and adults. Presenting problems of clients included emotional disturbances, substance dependence, co-occurring disorders, psychotic thought processes, pervasive developmental disorders, impulse control

issues, and anxiety-related disorders.

## RESEARCH EXPERIENCE

May - July 2002 Young Scholar Research in Psychology

Responses of college students to contraceptive and safer-sex imagery in erotica

Constructed and administered a self-report questionnaire designed to assess participants' affective reactions to erotic stimuli and their evaluations of the individuals presented in the stimuli. Worked to determine if a relationship occurred between participant evaluation, participant sexual opinion, and the presence or lack of contraceptive use in the erotic stimuli. Conducted under the guidance of David PJ Przybyla, Ph.D.

## **PUBLICATIONS**

February 2006

Yingling, P.S. (2006, February) How to make relationships last. The

Bradenton Herald: Wellbeing

**PRESENTATIONS** 

November 2021 **COVID-19 and the Injured Worker** 

Ohio Association for Justice

November 2019 Workplace injury and Psychological Functioning

Ohio Association for Justice

	Psychological Evaluation in a Post-Armstrong World
October 2019	Columbus Bar Association - Workers Compensation Section
September 2019	Cleveland Metropolitan Bar Association - Workers Compensation Section
October 2012	Parent Management Training: Applications for Treatment
	Holcomb Behavioral Health Systems
August 2009	Assessment of Sexuality During the Diagnostic Evaluation and Beyond
	Holcomb Behavioral Health
May 2006	Childhood and Adolescent Depression: Signs, Symptoms, and
	Treatment
	Manatee Children's Services
January 2006	Sex Therapy for Marriage and Family Therapists: A Recap
	Florida School of Professional Psychology Students
March 2003	Responses of College Students to Contraceptive and Safer-sex
	Imagery in Erotica
	Paper presentation to Denison University Faculty and Student
	Researchers